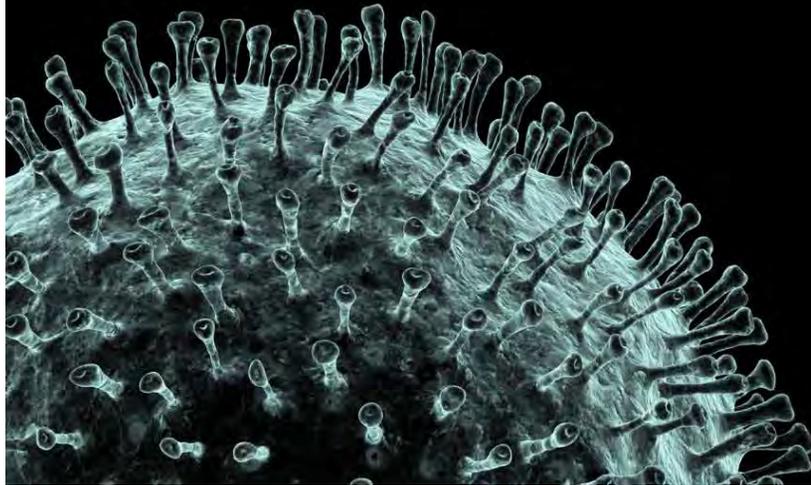


# COVID-19 Conversations



Umair Shah, MD, MPH

Executive Director,  
Harris County Public Health



[COVID19Conversations.org](https://COVID19Conversations.org)

[#COVID19Conversations](https://twitter.com/COVID19Conversations)



AMERICAN PUBLIC HEALTH ASSOCIATION  
*For science. For action. For health.*





Harris County  
**Public Health**  
Building a Healthy Community

# COVID-19 & HEALTH EQUITY

## EXPLORING DISPARITIES & LONG-TERM HEALTH IMPACTS

**Umair A. Shah, M.D., M.P.H.**  
Executive Director & Local Health Authority  
Harris County Public Health

Houston, TX  
04/29/2020



#InvisibilityCrisis  
Twitter: [@ushahmd](#) [@HCPHTX](#)



#CORONAVIRUS | TWITTER: [@USHAHMD](#) [@HCPHTX](#)

[WWW.HCPHTX.ORG](http://WWW.HCPHTX.ORG)

**Harris Cares:  
Focus Issues**





## **HARRIS COUNTY: BIG DIVERSE & COMPLEX**



Harris County is the third most populous county with over **4.7 million** people spread over **1,778 square miles**.



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Building a Healthy Community



# OUR PREMISE: LLWWP

**LLWWP:** Health is a complex equation based on a number of inputs not limited to the clinic setting. Health takes place:

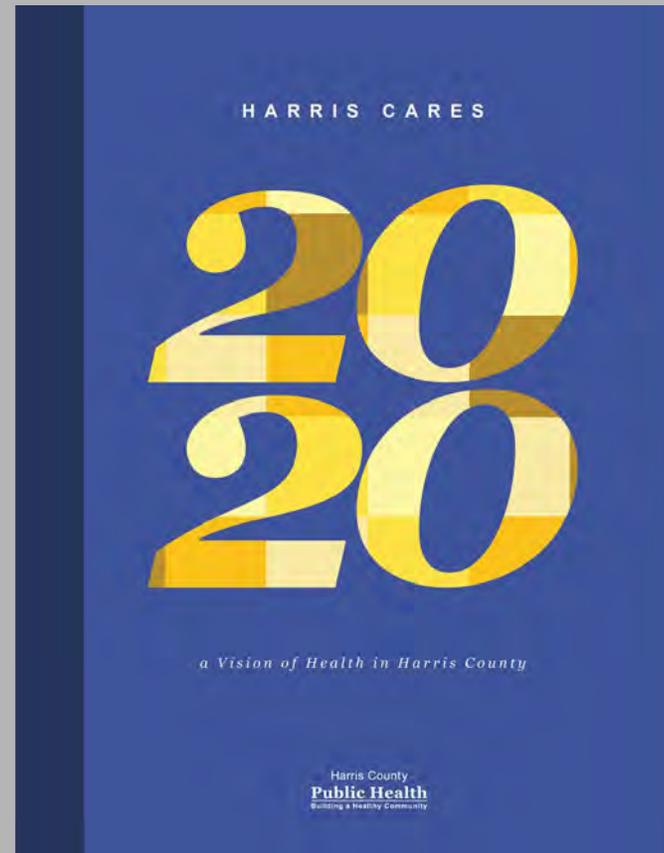
- Where people **Live**
- Where people **Learn**
- Where people **Work**
- Where people **Worship**
- Where people **Play**



# HARRIS CARES:

*a 2020 Vision of Health in Harris County*

[PUBLICHEALTH.HARRISCOUNTYTX.GOV/RESOURCES/HARRIS-CARES](http://PUBLICHEALTH.HARRISCOUNTYTX.GOV/RESOURCES/HARRIS-CARES)



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## Harris Cares: Focus Issues



Chronic Diseases



Family Health



Emergency Preparedness



Environmental Health



Infectious Diseases



Injury



Mental and Behavioral Health

# “HARRIS CARES” - 5 KEY FINDINGS

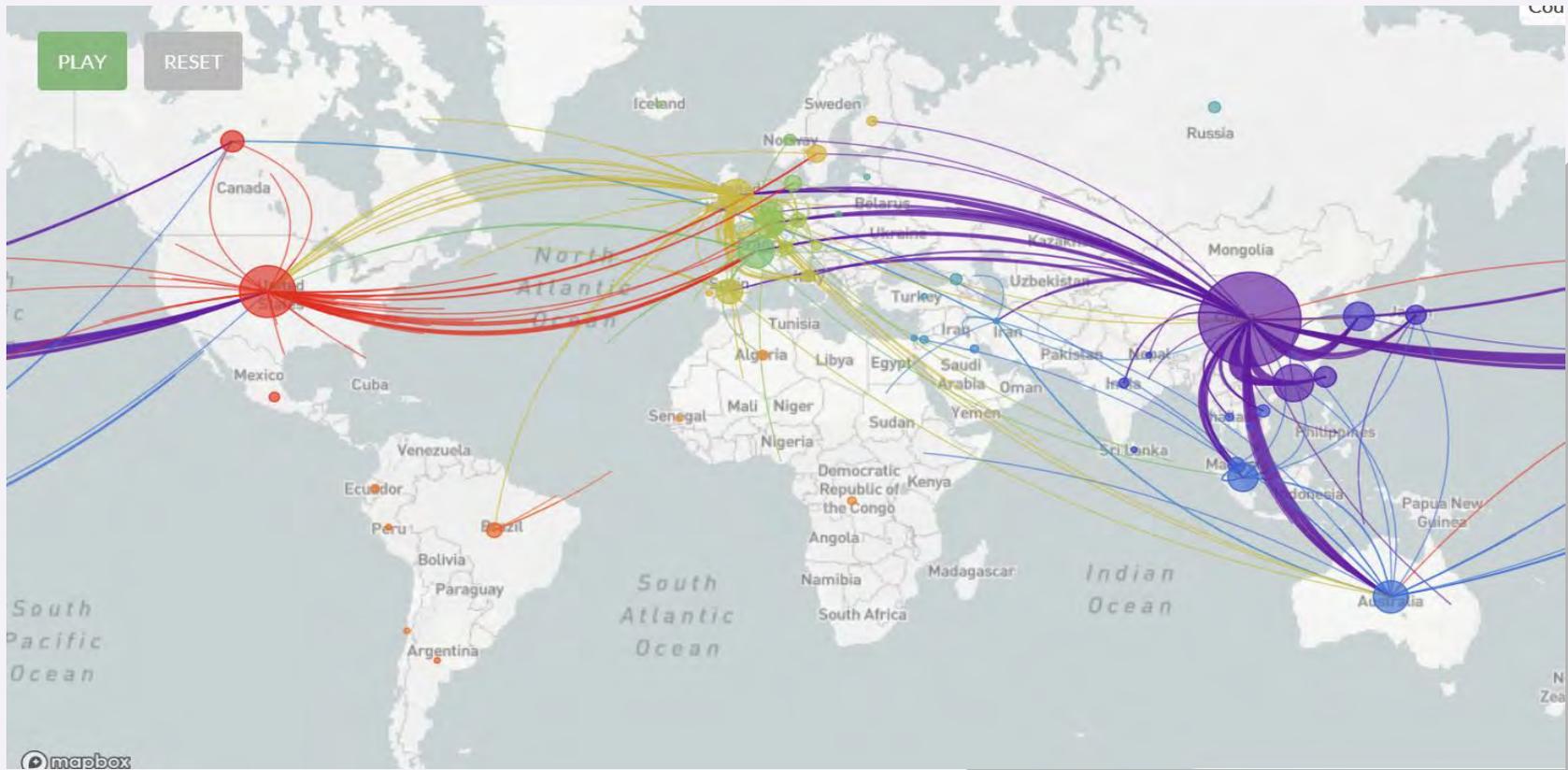
- 1** Harris County average life expectancy is 78.7, however some census tracts are as low as 65 years and others as high as 89 years (**24 year difference**).
- 2** Several population centers live more than 15 minutes away from a Trauma Center, including those with a high Social Vulnerability Index.
- 3** Approximately 1 in 5 adults lacks health insurance, with some communities having more than 1 in 3 adults lacking health insurance.
- 4** Local experts in health overwhelmingly agree: access is the #1 challenge facing health in Harris County, and increased funding support for prevention activities is needed.
- 5** In Harris County, 1 in 3 youth aged 12-17 are overweight or obese. For adults, some communities have over 50% of adults classified as obese.



# HCPH NEVER A DULL MOMENT

- *Tropical Storm Allison (2001)*
- *Nation's first Biowatch hit in Houston (2003)*
- *Monkey Pox found in exotic pet market (2003)*
- *Possible Lassa Fever on cargo ship – Africa (2004)*
- *Crosby Well natural gas explosion (2005)*
- *Hurricane Katrina Response – Astrodome (2005)*
- *Hurricane Rita Evacuation (2005)*
- *Multi-State GI illness investigation – soccer (2005)*
- *Fake Flu Investigation (2005)*
- *Hydrobromic acid release – (2006)*
- *Rabies Response – teenager death (2006)*
- *Hepatitis A Response – restaurant worker (2007)*
- *Salmonella Saint Paul investigation (2008)*
- *Hurricane Ike Response (2008)*
- *Hepatitis B in nursing home (2009)*
- *nH1N1 18 month response (2009 – 2010)*
- *West Nile virus (WNV) response (2012)*
- *Cyclospora investigation (2013)*
- *Ebola readiness/response activities (2014 – 2015)*
- *Rabies in Harris County dog (2015)*
- *Memorial & Tax Day Floods (2015 & 2016)*
- *Zika Response (2016 – 2017)*
- *Hurricane Harvey (2017)*
- *Measles Resurgence (2019)*
- *Chemical Fire (2019)*
- *Tropical Storm Imelda (2019)*
- ***COVID-19 (2020- ongoing)***

# COVID-19 – A GLOBAL THREAT



*Public  
Health  
Challenges  
and  
Solutions  
Do not  
Recognize  
Borders*



# HARRIS COUNTY LOCAL RESPONSE TO COVID-19



January 23, 2020  
First COVID-19 in-person meeting



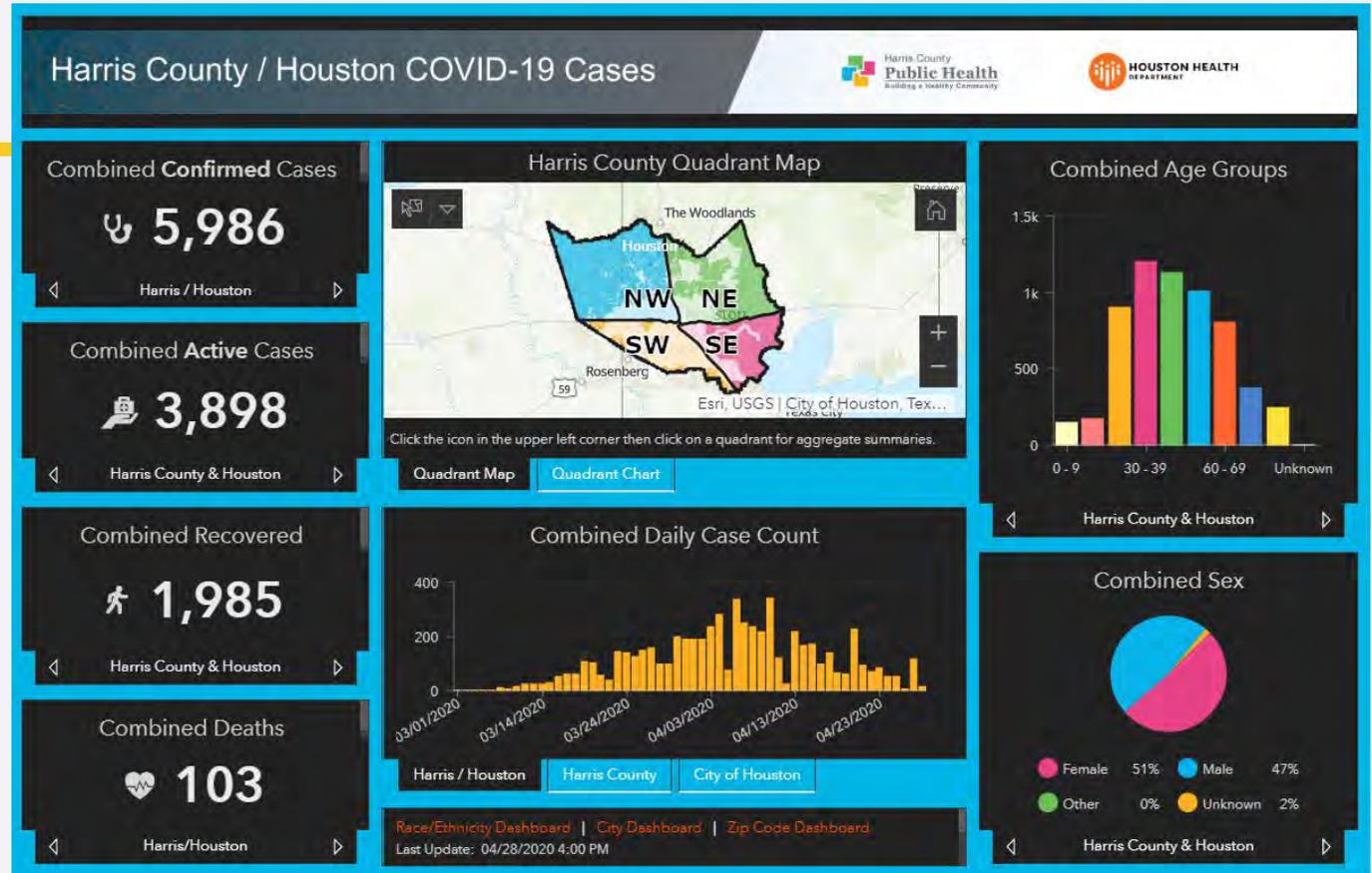
March 05, 2020  
First 2 COVID-19 Cases in Harris County



April 28, 2020  
Harris County Focus on 3 T's:  
*Test, Trace, Treat*

# COVID-19 DASHBOARD

- The HCPH COVID-19 Dashboard provides daily updates on case counts, the public has access to information on exposure types, patient demographics as well as the number of people who have recovered.



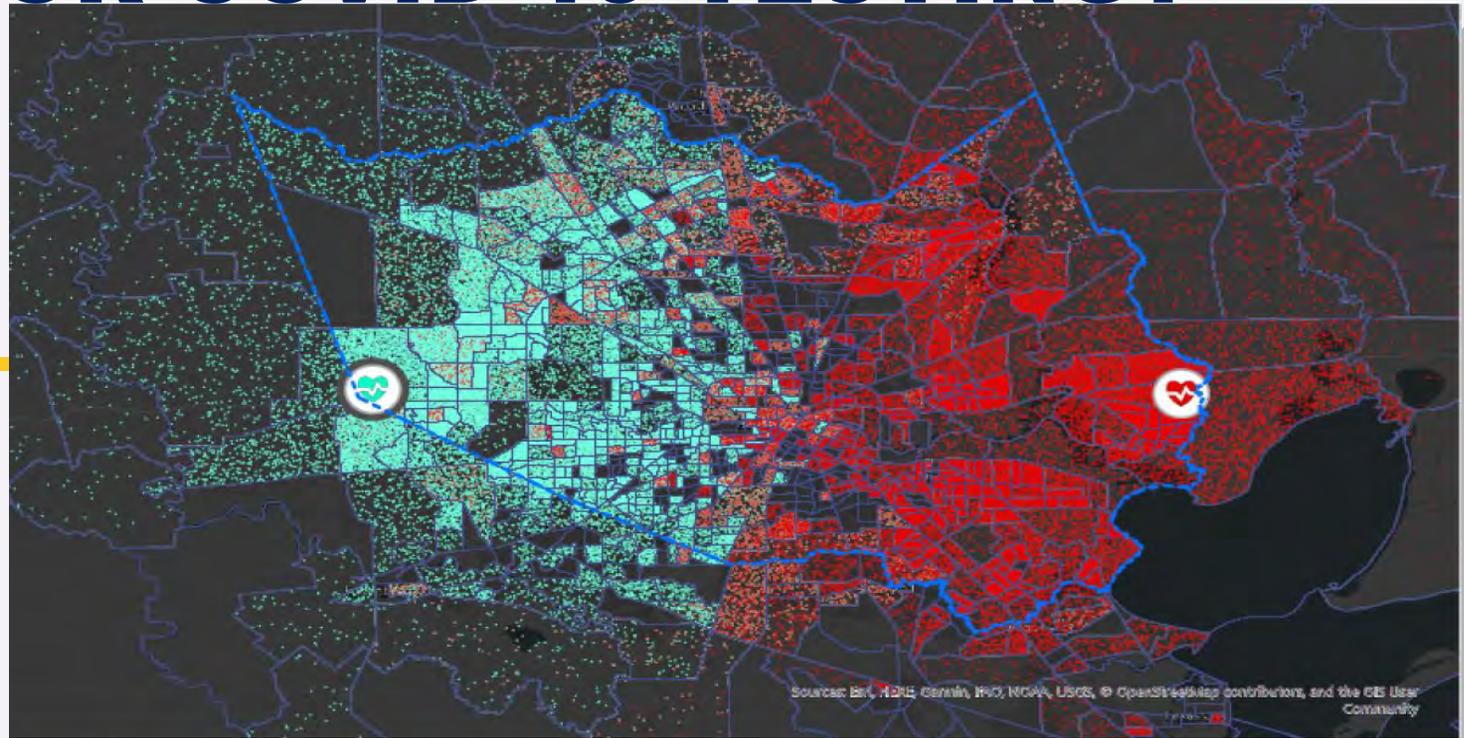
# 2 TESTING SITES + 4 POP-UP SITES



- Mobile units provide drive-through testing for COVID-19.
- Each pop-up site, rotate locations across the 4 precincts in Harris County (also additional testing through City of Houston).



# WHERE ARE PEOPLE COMING FROM FOR COVID-19 TESTING?



- ♥ Clusters represent people that were tested at the Baytown facility (Red Heart).
- ♥ Clusters represent people that were tested at the Katy facility (Green Heart).

• All dots on this “dot-density” map are a randomized representation using data aggregate at census tract level and does not represent individual addresses.

# EQUITY-FOCUSED OUTREACH

- Apartment Outreach- 489
- Faith-Base Outreach- 51
- Child Care – 640
- Businesses- 107
- Over 39 PSA's
- Social Media Post- ongoing
- ASK HCPH Campaign
- Leveraging Key Partnerships

**Help is available. To report elder abuse:**

**Texas Adult Protective Services**  
Call 1 (800) 252-5400 (24/7)  
Dial 711 ask for the Texas Abuse Hotline

**National Elder Protection Center**  
Call 1 (877) ELDER.80 or 1 (800) 353-3780  
Log on to [elderprotectioncenter.com/contact-us/](http://elderprotectioncenter.com/contact-us/)



Harris County Public Health  
Building a Healthy Community

VISIT [WWW.HCPHTX.ORG](http://WWW.HCPHTX.ORG)

- Viruses Don't Discriminate and Neither Should We (PDF)
- Cleaning and Disinfecting (PDF)
- Mental Health (PDF)
- Coping With Stress During Infectious Disease Outbreaks (PDF)
- Stop The Spread of COVID-19 (PDF)
- Guidance for Homeless Shelters (PDF)
- Guidance for Pregnant Women (PDF)
- Guidance for People at Higher Risk (PDF)
- Social Distancing and Self-Monitoring (PDF)
- Reduce Your Risk (PDF)
- Fact Sheet (PDF)
- CDC - What to do if you are sick (PDF)
- CDC - Stop the Spread (PDF)

English	Español	Chinese	Vietnamese	
English	Chinese	Vietnamese		
English	Español	Chinese	Vietnamese	
English				
English	Español	Chinese	Vietnamese	
English	Español	Chinese	Vietnamese	
English	Español	Chinese	Vietnamese	
English	Español	Chinese	Vietnamese	Korean
English	Español	Chinese	Vietnamese	Korean
English	Español	Chinese		
English	Español	Chinese		



**KEEP HARRIS COUNTY STRONG**

Save lives. Stay home.

Harris County Public Health  
Building a Healthy Community

VISIT [WWW.HCPHTX.ORG](http://WWW.HCPHTX.ORG)



Coronavirus COVID-19 Video (English)

Coronavirus COVID-19 (Chinese)

Coronavirus COVID-19 (Spanish)

Wash your hand

Avoid touch

Hand Washing Tips

COVID-19 Sign Language

COVID-19 Stop the Spread of Germs

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**COVID-19 & MATERNAL HEALTH**

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**Harris Cares: Focus Issues**



# STRIKE TEAM CREATION FOR 3T'S



- Multidisciplinary Team (MDT) is comprised of 5 epidemiologists, 3 social workers, 1 physician's assistant (PA), 1 environmental public health investigator and a data analyst.

**COVID-19**  
Containment Plan

**TEST TRACE TREAT**

- » Make testing widespread, affordable and fast
- » Recruit contact tracers
- » Ensure hospitals have enough capacity to weather a spike in cases

VISIT [WWW.READYHARRIS.ORG](http://WWW.READYHARRIS.ORG)

# ADDRESSING INEQUITIES OF COVID-19 IN COMMUNITIES OF COLOR

- Long-term solutions must take into consideration where communities LLWWP.
- Use data-driven decision-making to inform strategies and solutions to mitigate long-standing health inequities in midst of an overwhelming pandemic.
- Procuring, analyzing, and visualizing data by race/ethnicity/location/age/etc. helps keep health inequities a central focus of response.
- *“This is no time for politics”* though the reality is that public health is inherently political.
- Remember it is ultimately about community trust and working together to get through this pandemic.



# RACE/ETHNICITY – UNDERLYING HEALTH CONDITIONS

Race/ethnicity	Count Deceased	% Deceased	Total Count	% of Total	Cases with underlying health conditions	% of cases with underlying health conditions	HC pop %
American Indian/Alaskan Native	0	0.00%	10	0.47%	7	0.74%	0.2%
Asian American/Pacific Islander	2	3.77%	122	5.71%	55	5.81%	7.1%
Black	16	30.19%	639	29.93%	339	35.80%	18.7%
Hispanic/Latino	15	28.30%	867	40.61%	306	32.31%	43.3%
Multi-racial	0	0.00%	5	0.23%	2	0.21%	1.6%
Other	1	1.89%	13	0.61%	6	0.63%	0.3%
White	19	35.85%	479	22.44%	232	24.50%	28.9%
<b>Total</b>	<b>53</b>	<b>100.00%</b>	<b>2135</b>	<b>100.00%</b>	<b>947</b>	<b>100.00%</b>	<b>100.0%</b>

**Disclaimer:** Category Unknown not included. Category Unknown may derive from the following (1) Incomplete data from lab reports that do not collect race/ethnicity. (2) Data from the beginning of case reporting, before race/ethnicity data was being collected. (3) Individuals who were contacted due to missing information on lab reports but did not consent to give the information.



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**Harris Cares:  
Focus Issues**





# #InvisibilityCrisis

## THREE V'S OF PUBLIC HEALTH

Visibility

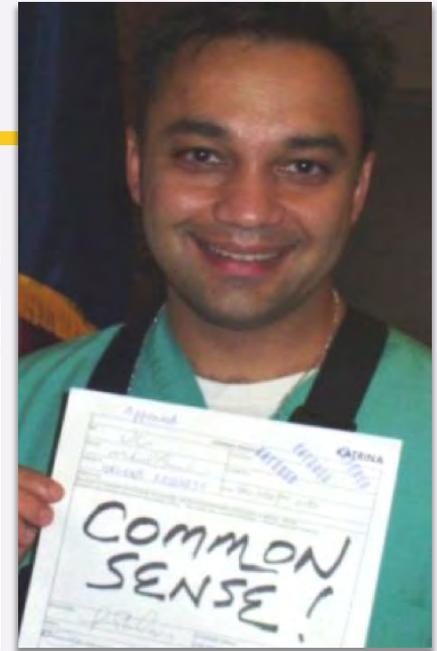


Value



Validation

# PUBLIC HEALTH JUST MAKES "COMMON SENSE"



...And it takes a village...

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**Focus Issues**

